MARINER MONTESSORI
FEBRUARY 2026

Mon	Tue	Wed	Thu	Fri
2 Cheesy chicken taquitos with Mexican rice, sweet peas, and fresh fruit V: Cheese Quesadilla	3 Breakfast for lunch: Fluffy pancakes with turkey sausage are paired with crispy tater tots, super-green broccoli, and fresh fruit. V: Plant-Based Sausage	4 Juicy beef sloppy Joe sliders come with wholesome corn, green beans, and fresh fruit V: Tofu sloppy Joe	5 Oven-baked cheese pizza with garden salad, buttered corn, and fresh fruit V: Cheese Pizza	6 Orange chicken with jasmine rice, tender carrots, and fresh fruit V: Orange Tofu
9 Creamy chicken Alfredo pasta with carrots, sweet corn, and fresh fruit V: Plant-Based Chicken ALfredo	10 Ground beef and cheese quesadillas come with steamed rice, black beans, and fresh fruit V: Cheese Quesadilla	11 BBQ chicken breast is served with seasoned broccoli, mashed potatoes, and fresh fruit V: BBQ Tofu	12 Veggie-packed turkey fried rice is paired with crunchy carrots and peas, garden salad, and fresh fruit V: Veggie Fried Rice	13 Chicken nuggets are served with garlic bread, fresh cucumbers, and fresh fruit V: Veggie Nuggets
16 SCHOOL CLOSED	17 Pulled chicken with gravy alongside with buttered rice, green beans, and fresh fruit V: BBQ Tofu	18 Chicken broccoli rice casserole is served with wholesome corn, green beans, and fresh fruit. V: Tofu Broccoli Rice	19 Macaroni and cheese with sliced turkey breast paired with carrots and fresh fruit V: Plant-Based Mac & Cheese	20 Creamy chicken Alfredo pasta is served with carrots, sweet corn, and fresh fruit V: Cheese Quesadilla
23 Cheese ravioli with chicken and marinara sauce with steamed carrots and fresh fruit Cheese Ravioli	24 Beef buttered noodles is paired with garden salad, garlic bread, and fresh fruit V: Tofu Buttered Noddle	25 Teriyaki turkey served with jasmine rice, sweet peas, and fresh fruit V: Teriyaki Tofu	26 Roasted chicken with cozy gravy, dinner roll, tender zucchini, and fresh fruit V: Tofu with Gravy	27 Chicken parmesan (no breading crunch) with spaghetti, broccoli, and fresh fruit V: Tofu Parmasan

AM/PM SNACKS:

MONDAY
AM: Organic Cereal
PM: Snack Pudding with Fresh fruits

TUESDAY
AM: Cinnamon Raisin Bagels
PM: Cucumber with house-made Ranch

Wednesday
AM: Strawberry Yogurt Smoothie
PM: Strawberry Jell-O with fruits

Thursday
AM: Mozella Cheese stick w/ Whole Wheat Crackers
PM: Corn Bread Muffin

Friday
AM: Oatmeal Crumble Strawberry Bars
PM: Honey Graham Crackers

*Each meal is served with fresh seasonal fruit
*Vegetarian options available daily *Meals are prepared without eggs and without peanuts

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MEALTIME